

# Revision

Revision may be dreaded by many students but if you plan and prepare well you should find revision and the subsequent exams a little less stressful. This leaflet will give you some tips on how to revise effectively.

## Organisation

- **Timescale**- how long until your exams? Find out dates, times, which topics to cover etc
- **Make a study plan**- prioritise your topics (which exam comes first/which is the hardest) and factor in other commitments (such as work)
- **Practicalities**- make others (family/friends) aware of your need to revise and chose the most comfortable environment




## Tips

- **Keep a track of your progress**- adjust your study plan if you find one area isn't going as well as others
- **Don't shy away from harder topics**- timetable them in and get extra help if you need it, they won't get any easier by ignoring them
- **Take regular breaks**- give your eyes/ hand/ brain a rest and make sure you eat healthily. Low blood sugar= fuzzy brain!
- **You have a life away from study**- schedule some leisure time and enjoy it. When you work, work; when you relax, relax.
- **Cramming**= putting too much info in your brain at the last minute; cramming= stress; stress= brain rejecting information
- **Night before the exam**- if you've followed your plan you should be fairly relaxed. Look through your notes, but do something relaxing too. Check the time and location of the exam, prepare any equipment you might need (calculators, dictionary etc) and get a good night's sleep.

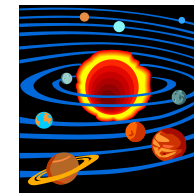


## How to revise

There are lots of different methods of revising, chose one you feel most comfortable with, or try a mixture.

- **Notes**- keep brief/ key facts or theories 
- **Testing**- use past papers under exam conditions, or ask yourself questions at the end of a topic/ chapter
- **Mind-maps**- start with the main topic, then branch out to include other theories/ arguments 
- **Lists**- help you to quickly prioritise what you need to do
- **Other people**- get together with a friend and compare your study or test each other 
- **Memory games**- try using mnemonics (using the initial letter to help you remember) ie. **MVEMJSUN (The Solar System)**

My  
Very  
Educated  
Mother  
Just  
Served  
Us  
Noodles



Mercury  
Venus  
Earth  
Mars  
Jupiter  
Saturn  
Uranus  
Neptune

- **Recording**- tape yourself and listen to it another time 

If you use some of these revision tips you should find your path to exams a little easier to follow. Good Luck!!

